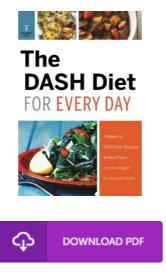
## Dash Diet for Every Day: 4 Weeks of Dash Diet Recipes & Meal Plans to Lose Weight & Improve Health



#### **Book Review**

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