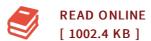




American Playgrounds, Their Construction, Equipment, Maintenance and Utility

By Joseph Lee

General Books LLC. Paperback. Book Condition: New. This item is printed on demand. Paperback. 94 pages. Dimensions: 9.4in. x 7.4in. x 0.2in. This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1909. Excerpt: . . . PART FOUR Games and Exercises for Children and Grown-Ups. Play at its best is only a school of ethics. --G. Stanley Hall. Play may be work for men and women; work may be play for children. The whole test of the worth of any sport should be the demand that sport makes upon the quality of the mind and body which in their sum recall manliness. -- Theodore Roosevelt, A team in athletics or sports without the spirit of fair play, clean and honorable conduct, is like a team of unmatched horses. Team spirit is the germ of devotion to city, state and nation. It should be the buzziness of yung persons to assist Natur, and strengthen the growing frame by athletic exercizes. -- Noah Webster. CHAPTER XVIII. SIMPLE MARCHING AND RUNNING. Not to Make Soldiers, but to Help Effective Class Exercise--Some Sample Movements--Executing Fancy Figures....



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