



Toltec Dreaming: Don Juan's Teachings on the Energy Body

By Ken Eagle Feather

Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, Toltec Dreaming: Don Juan's Teachings on the Energy Body, Ken Eagle Feather, "Toltec Dreaming" explores the many aspects and levels of the dream-state, distinguishing ordinary dreaming from "dreaming awake," a condition of heightened awareness through which the active dreamer ascends to the Dream of Transcendence. The author: describes the energy body, its modes of perception, and how it produces dreaming; provides an outline of the dream gates showing how they correspond to the chakras; and includes detailed instructions for awakening dreaming potential and for exercising and expanding the dreaming body - what to expect and how to respond. The Toltec Way superimposes on the waking world the subtle physics of the dream world in order to create a conscious dreaming body, often referred to as an "out-of-body experience," that can allow anyone to use dreaming as a vehicle to higher consciousness. Once the dreaming energies are fully awakened, unbounded conscious perception can come alive, whether one is in the world of dreams or in daily life. This volume is a combined and expanded edition of "Tracking Freedom and Travelling With Power".



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